

## SABDEN

**KNIT STITCH & NATTER GROUP** This friendly group meets every Monday morning 10.15—12.15 in our hall. Anyone is welcome to go along for a chat and a brew and you can knit or stitch if you wish, or just natter. It costs £1 a session which includes tea/coffee and biscuits.

**CHOIR** The One Voice adult choir meets every Tuesday 6-7pm in our hall. This is a fun, social choir where everyone is welcome to go along and sing £4 a session

**EXERCISES** There is an exercise class for the over 50's every Tuesday morning in our hall 10-11am run by Ribble Valley Council's "Let's Live Life" team. Cost 3.50

**BONUS BALL** Winning number 42

**SCRABBLE CLUB** Anyone who enjoys a game of Scrabble is welcome to Scrabble evenings in our hall on the second and fourth Tuesday each month 7pm in the top room. Cost £1 a session including tea and biscuits.

**PANTO** The Village Folk Panto Group, which is based at St Mary's is presenting the traditional panto "Cinderella" from Wednesday, February 28th to Saturday March 2nd at 7.15pm each evening. There is also a Saturday matinee at 2pm. This is a really fun show and you will recognise all the local cast and crew. The previous panto, Ali Baba raised £2,000 for church funds so please support it. Evening tickets cost £12.50 and include a pie and peas supper. Matinee tickets are £6 and refreshments will be on sale. They are available from Margaret Parsons 07715 666866 or Ella Mia beauty salon in the village. There will also be a raffle for charity each evening if you have any prizes to donate.

### BONUS BALL

Hello everyone, we are about to launch our new season of the Bonus Ball, which we will run for 52 weeks of the year. We have 11 free numbers available so please consider taking a number, it is only £1 a week. As we have a few more free numbers than usual, why not consider having a second number.

The first draw will take place on 3rd March 2024, you can pay £1 weekly by placing your envelope in the "Bonus Ball" box at the back of St Mary's church Sabden, or pay a lump sum by cash or cheque for any period you wish. Cheques are payable to "Our Lady of the Valley". All payments must be made a week in advance of the draw. This prize is £25 per week and £34 goes to the Church if all numbers are sold.

Envelopes will be available before the draw commences.

Contact me, Olive Doyle on  
01282 931382 or email olive\_doyle@yahoo.com

### COFFEE

*There is tea/coffee and biscuits in the Hall most Sundays after Mass,  
a lovely chance to meet up and have a chat. Please join us*

# Parish of Our Lady of the Valley

**Catholic Communities of Clitheroe, Sabden & Dunsop Bridge**

**Tel** 01200 423307 **website:** olov.org.uk

**Parish Priest:** Canon Paul Brindle, Presbytery, Lowergate, Clitheroe BB7 1AG

**Parish Priest email:** paul.brindle@dioceseofsalford.org.uk

**Parish Secretary email:** janet.clegg@dioceseofsalford.org.uk or smsj@btinternet.com

St Michael & St John's Primary School **Tel:** 01200 422560 **Head:** Mrs Zoe Mabbott

St Mary's Primary School, Sabden: **Tel:** 01282 771009 **Head:** Ms Claire Halstead

Thorneyholme Catholic Primary, Dunsop Bridge **Tel:** 01200 448276 **Head:** Ms Claire Halstead

## 4th week of Ordinary Time 28th January 2024

### MASSES THIS WEEKEND

#### Saturday

12noon Mass at Dunsop Bridge

5pm—Mass at Clitheroe

#### Sunday

9.30am—Mass at Clitheroe

11am—Mass at Sabden



### Masses this coming week

Tuesday, Wednesday, Thursday & Friday

Mass at 10am—Clitheroe

#### Monday

11am Requiem Mass—Kevin Ryder

12.45pm Requiem Mass—Pamela Dewhurst

#### Saturday 3rd February

Confessions 10.15am—10.45am & 4.15pm—4.45pm

**Baptisms by appointment with Fr Paul**

### MASSES RECEIVED THIS WEEK

Special Intention x 2, Roland Taylor, Harriet Foulker, Winifred Auger,  
Pamela Dewhurst,

### LATELY DEAD

Kevin Ryder, Pamela Dewhurst,

### ANNIVERSARIES

Harriet Foulker, Winifred Auger,

## CARITAS

*This weekend, we mark Caritas Sunday by celebrating the work of our diocesan charity, Caritas Diocese of Salford and how you can get involved, please visit <https://www.caritassalford.org.uk/campaign/caritas-Sunday/>.*

*We invite you to keep our diocesan charity in your prayers over this coming week.*

**LIVE SIMPLY THOUGHT OF THE WEEK** Lowering your room thermostat 1 degree will save energy and reduce your carbon footprint. You can check your carbon footprint: <https://www.carbonfootprint.com/measure.html>

**CAFOD** We are an international development charity who reach out to people living in poverty whatever their religion or culture. CAFOD is the official aid agency of the Catholic Church in England and Wales and part of Caritas International. Through our global Church network, one of the largest in the world, we have the potential to reach everyone. And we campaign for global justice, so that every woman, man and child can live a full and dignified life. <https://cafod.org.uk/>.

**A DATE FOR YOUR DIARY** The Annual Salford Diocesan Pilgrimage to Walsingham takes place Saturday 4th May—more details later.

**DAY RETREAT** Introduction to Christian Meditation, Saturday 10th February 2024 between 11.30am and 3pm at Our Lady of Lourdes and St Gerard Majella's in Lostock Hall. To book call 01772 335387 or email [office@saintgerards.org.uk](mailto:office@saintgerards.org.uk)

**GIFT AID ENVELOPES** Commencing February, Janet will be issuing new Gift Aid Envelopes for 2024-2025 which commence on Sunday April 7th. This is an ideal time to change from weekly envelopes to monthly standing order. If you wish to change please give Janet a ring at the Parish Office 01200 423307 ext 3 or 07866 898109. Thankyou

**HOMES FOR UKRAINE** Join us NEXT Saturday February 3rd at 2pm at Cathedral Centre, 3 Ford St, Salford M3 6DP for a Homes for Ukraine gathering hosted by SJOG AND CSAN. Since the invasion of Ukraine the number of those still wishing to evacuate and find refuge in the UK is high. SJOG Homes for Ukraine in partnership with Caritas Social Action Network (CSAN), offer a support programme for sponsors and those displaced by the work in Ukraine, and support people on their journey and help them to integrate into community life in the UK. During the session we will share the successes of our project in supporting over 200 Ukrainian refugees since September 2022, and discuss the current situation in Ukraine and why there is still a need for people to come forward and host families. You will find a wealth of useful information about hosting and help you decide if it is right for you. A great opportunity to learn about Ukrainian refugees in the UK and ask any questions you might have. Speakers: Aliya Zahin, Caritas Migration Officer SCAN, and Mariia Pashkova, Homes for Ukraine Project Manager SJOG

**STATIONS OF THE CROSS** The list of dates for Lent, for groups to put their names on, is now in the porch in Clitheroe

**THANKYOU** Just wanted to extend my gratitude to you and your congregation for attending the Holy Land exhibition. It was lovely to see you all and we hope to keep in touch in the future helping each other's causes. Ubai Lorgat

## **CLITHEROE**

**CLITHEROE COOKERY CLUB** every Thursday 11.30am—1.30pm at The Trinity Methodist Hub, Wesleyan Row, Clitheroe BB7 2JY. The cookery club was founded in 2015 and exists purely by donations and is run by volunteers for adults who would like to learn about cooking on a budget—Learn basic kitchen skills—Create nourishing meals—Learn new recipes—Gain confidence in the kitchen. There is no charge to attend classes, and all adults of any age or gender are welcomed. For further details contact us on 07818 854155 or 07851 210773

***Volunteer needed to look after the Lady Altar candle stand—clean and refill candles. See Teresa***

**SEEDLINGS PLAYGROUP** Wednesday mornings 9.15—11am. We invite children 0-4 years and their parent/carer to join us for a morning of toys, craft, song time and snack.

**CLITHEROE CIVIC SOCIETY** Monday February 5th A presentation by Sir Peter Openshaw—'Roger Fenton' Lancashire's Pioneer Photographer. The Assembly Hall (SMSJ Parish Hall) £3 Admission inc Tea & Biscuits. Students Free

**LADIES GROUP MEETING** Wednesday 31st January 7.30pm. 'My family and other Quakers' - A history of the Quaker movement in the shadow of Pendle presented by Jenny Palmer, in the Assembly Hall. £3 including light refreshments—pay on the door. Open to everyone. See poster in porch

***Come along, you will be made very welcome, to the Assembly Hall (our Parish Hall) after Mass on Sunday morning and join other parishioners for a cup of Coffee or Tea and biscuits. You will be most welcome***

## **ROTAS FOR NEXT WEEKEND**

**Readers Saturday**—Ann Southworth **Sunday**—Peter Donnelly  
**Eucharistic Ministers - Saturday**—Damian Buggie **Sunday**—Damian Buggie  
**Tea & Coffee**—Grace Fellows

## **DUNSOP BRIDGE**

**PILATE SESSIONS** Mon evening 6-7pm. More Information  
[Christine.Billington992@gmail.com](mailto:Christine.Billington992@gmail.com)

**SEWING GROUP** on Fridays 1.30-3.30pm. Details Janet 01200 448201

**PLAYGROUP** in Dunsop Bridge Village Hall on Wednesday mornings 9.30—11.30am term times only (some holiday sessions) contact Laura 07790 516260

**KEEPING FIT WITH MATT** Thurs & Fri email [mdfitnesscoach@outlook.com](mailto:mdfitnesscoach@outlook.com)

**STAY AND PLAY** Every Friday at Thorneyholme Primary School we have a 'Stay and Play' session. These are 9.30—10.45am and are for 0-5year olds to attend along with their parent/carer. A session costs £3 and they get to spend time in the Infant Classroom playing alongside our Nursery and Reception pupils and they often play a game, make a craft, sing, listen to a story etc. Refreshments are provided and there is no need to book.