<u>PLAYGROUP</u> Term time only 9.30-11am. Contact Laura 07790 516260 <u>KEEPING FIT WITH MATT</u> Thursday & Friday - more info mdfitnesscoach@outlook.com

LOURDES If you would like us to take a petition or you would like to contribute to the Parish candle, please place donations marked 'petition' or 'candle' in the box at the back of church.

SABDEN

KNIT STITCH & NATTER GROUP, each Mon 10.15am—12.15pm in the top room in St Mary's Hall. £1 admission with tea/coffee and biscuits. Everyone welcome to come along for a natter/knit/stitch or just come for a chat

BONUS BALL Winning number no 30 Knit & Natter group

ONE VOICE SUMMAR WORKSHOPS Wednesday & Thursday August 16th & 17th from 9am—3.30pm in St Mary's Hall. Open to all under 16's, the fun workshops cost £20 a day for drama, dance, music and song, breakfast snacks and refreshments provided. Phone 07595 742604 or email onevoicesabden@gmail.com to book.

SCRABBLE CLUB St Mary's is holding Scrabble Nights in the top room on the second and fourth Tuesday of every month, from 7pm to around 9.15pm. Everyone welcome £1 admission

<u>COME AND SING</u> Tuesday evenings from 6-7pm. All adult ages and abilities welcome £4 per session More details from 07710 248458 or onevoicesabden@gmail.com

LOURDES If you would like us to take a petition or you would like to contribute to the Parish candle, please place donations marked 'petition' or 'candle' in the box at the back of church.

COFFEE Please join us for a cup of tea/coffee and biscuits in the Hall after most Sunday Masses



Parish of Our Lady of the Valley

Catholic Communities of Clitheroe, Sabden & Dunsop Bridge

Tel 01200 423307 website: olotv.org.uk

Parish Priest: Canon Paul Brindle, Presbytery, Lowergate, Clitheroe BB7 1AG
Parish Priest email: paul.brindle@dioceseofsalford.org.uk

Parish Secretary email: janet.clegg@dioceseofsalford.org.uk or smsj@btinternet.com
St Michael & St John's Primary School Tel: 01200 422560 Head: Mrs Zoe Mabbott
St Mary's Primary School, Sabden: Tel: 01282 771009 Head: Ms Claire Halstead
Thorneyholme Catholic Primary. Dunsop Bridge Tel: 01200 448276 Head: Mrs Olga Jackson

16th Sunday in Ordinary Time 23rd July 2023

MASSES THIS WEEKEND

Saturday

12noon—Mass at Dunsop Bridge 5pm—Mass at Clitheroe

Sunday

9.30am—Mass in Clitheroe 11am—Mass at Sabden



Monday—Friday

Mass at 10am (Clitheroe)

Saturday (29th July)

Confessions 10.15—10.45am 4.15pm—4.45pm

Baptisms by appointment with Fr Paul

MASSES RECEIVED THIS WEEK

Miles Fox, Ann Jenkinson, Anthony Nolan, Private intention, Patrick Emerson.

LATELY DEAD

Anthony Nolan

ANNIVERSARIES

Miles Fox, Ann Jenkinson

LIVE SIMPLY—THOUGHT FOR THE WEEK: The land it takes to provide just the food that we throw away is bigger than the size of India, and the water it takes is equivalent to 300 million Olympic swimming pools! **So, wasting food is incredibly bad for the climate.** What can we do to avoid food waste and to make choices that are better for our common home? Plan your meals so you only buy the quantity of food that you will eat. When possible choose organic, fairtrade and/or local produce. Reduce the amount of meat that you eat.

<u>CAFOD</u> We are part of one of the largest aid networks in the world. Through a local priest, a midwife or a water engineer—our global reach is present in the lived experience of local communities. These skilled women and men understand what people need because they are part of the communities they work in. Their commitment, passion and knowledge reach people other organisations can't. We have the potential to reach so many people because we are a member of a global Church network whth a presence in 165 countries. The local Church is trusted even in the most dangerous countries, regions and communities regardless of religion. This means that your support will help those who are truly in need.

LOURDES If you would like us to take a petition or you would like to contribute to the Parish candle, please place donations marked 'petition' or 'candle' in the box at the back of church.

RIBBLE VALLEY FOODBANK This week, we are short of: Tinned Vegetables, Long Life Fruit Juice, Tinned Rice, Tinned Custard.

CLITHEROE

LITTLE CHURCH meets in the presbytery on Sundays at 9.20am. This is an opportunity for our children, reception, yr 1 and yr 2, to meet together and look at the Sunday gospel through the eyes of a child

LADIES GROUP This coming Wednesday 26 July at 7.30pm in the Assembly Hall a talk by Mr Mark Bennett, the baker from Whalley Road Clitheroe, entitled The Art of Artisan Baking. Do come and join us, surprising what you may learn. Only £3 including light refreshments. Everyone (including men) welcome. On **Thursday 3rd August** a welcome return of An Afternoon Variety Show 2pm—4.30pm in the Assembly Hall. Ticket available from Daphne 01200 427912 or Carol 01200 426769

A DATE FOR YOUR DIARY 15th October—Pause for Hope service—for anyone affected by Cancer in any way.

<u>THE SHOP OF HOPE (Castle Street)</u> - CRAFTS FOR HOPE! All welcome to come and enjoy some creative arts and crafts over a brew and a chat. No experience necessary—materials provided. All sessions are free. Every Tuesday morning 10.30am—12.30pm and every Thursday afternoon 2—4pm. Places limited so booking essential. Please ask at the counter or ring 07861 130652. See poster in porch.

<u>CCP JULY PRAYER THEME</u> this month is focussing on the Prayer Spaces in School initiative. A copy of the prayer theme can be found in the church porch. https://www.loveclitheroe.com/prayer-for-our-town

ROTAS NEXT WEEKEND

Readers—Saturday—Roisin Bowes Sunday—Kevin Downes
Eucharistic Ministers
Saturday—Bernadette Worden Sunday—Helen Lofthouse
Tea & Coffee—Volunteers
Little Church—Grace Fellows

Come along, you will be made very welcome, to the Assembly Hall (our Parish Hall) after Mass on Sunday morning and join other parishioners for a cup of Coffee or Tea and biscuits. You will be most welcome

DUNSOP BRIDGE

<u>PILATE SESSIONS</u> Mon evening 6-7pm.
More Info Christine Billington992@gmail.com
<u>SEWING GROUP</u> on Fridays 1.30-3.30pm. Details Janet 01200 448201

SUNDAY TROUGH TEAS The popular Sunday Trough Teas are back! 10am—4pm at Dunsop Bridge Village Hall, there will be sandwiches, homemade cakes, hot and cold drinks for sale, chich you can eat in or take away. The raised money will go to various charities.