

1. How has the Global Healing Film Challenged you us

Frightened the life out of me
Highlighted the seriousness and rapidity of change
Highlighted the urgency to do something
Showed globally what we can do
Took on board the statistics
The steps our awareness can help us to make
Solar panels and electric cars
Made us want to write to Nigel about the gap between expense and environmental friendly products the everyday person can afford (see above) (Government refunding/paying the difference)
Seen what others are doing which highlights what we are not doing – negative comparison
Helped to realize not just a theoretical problem – we are part of the problem, we have to be part of the solution
Structural sin and personal complicity
Challenges concept of ownership
When I use the Earth's resources – are they mine to use?
Corruption in countries that could otherwise help
Talk and agreement but no action or follow up
Pay a fair price – every purchase is a moral decision
How we spend our money is more important than how we vote (corporate power)
Stealing from people who have less than me

2. What hinders you from making practical change

Denial
Time
Lack of availability in supermarkets
Lack of political pressure, activity from ordinary people on MPs
Giving up what worked hard to get
Resistance to change
Habit and personal preferences, especially around food
Time taken to sort recycling and take it to where it can be recycled

3. How can you purchase more responsibly

Beware of cheap clothing from abroad
Look at labels to see where things come from
Purchase seasonal vegetables
Buy local
Buy fair-trade
Don't follow fashion – Kinks – Dedicated Follower of Fashion – don't follow trends
Go back to market trade
Consume what you need – chocolate tempting but can improve

4. How do you reduce food waste

Compost, buy less, share
Responsible consumption
Don't waste it share it
Rotate food in the fridge
Eat more mould
Share leftovers with others
Charity donations from supermarkets to food bank
Food parcels e.g you pay £5 and get a £25 equivalent food parcel

5. How can you recycle more

Ocean Clear on Wellgate which takes plastics not taken by the Ribble Valley
Have the right recycling containers and outlets
Know what to recycle and where
Eco bricks
Councils need to be cleaner

6. How can you conserve more energy and water

Be conscious – turn lights off, avoid standby,
keep heating down, wear more clothes
Put a brick in the cistern
Avoid dripping taps
Turn taps off when cleaning teeth
Avoid hosepipes
Use water butts for the garden or cleaning
Hang out to dry – not tumble drier
Walk when can.
Use alternative transport to car
Share car

7. What can you do to reduce your carbon footprint

Hospitality doesn't mean "too much"
Look at footprint, look at packaging, look for Fairtrade
Buy the quantity you need – avoid BOGOF
No plastic cups
Donate money saved from decreasing mileage in cars – for the trees
Walk more
Don't travel first class/business class
Avoid diesel cars
Fly less
Bigger companies not charging as much to recycle so more feasible
Avoid woodburning stoves

8. What can you do to educate yourself more

Join a campaigning organization
Follow CAFOD
Heed the press and TV
Educate selves to keep up with how can keep improving
We are as rich as the simplicity of our needs – Cardinal Nichols
Attend Global Healing
Keep up with news and research

9. How can you use your political voice

Campaign, petition via organizations
Vote
Lobbying
Demonstrations
CAFOD
Practice what you preach
Petition MPs

10. How can you respond practically in a Parish

Join Laudato Si' or educational groups
Support protest groups
Write to MPs
Start within our own Parish
Policy of recycling all social events in all Parish properties
Cardinal Nichols – Joining together in prayer and food
Live Simply Award
400 + parishioners to fund our first solar panel
Policy for caterers – no plastic
Purchase Fairtrade – tea, coffee, biscuits
Walk to Mass
Link with schools and have Parish/school events
Understand and link with Hope in the Future