

Dear Parishioners,

On Saturday morning, the Office which oversees the celebration of the Sacraments, The Congregation for Divine Worship and the Discipline of the Sacraments, issued a circular letter to bishops world wide, repeating the rules which govern the type of bread which may be used for the celebration of Mass.

By Saturday night, news had spread like wildfire: "Catholic Church bans coeliacs from Communion!" Is this true?

So, what did the letter state? "The bread used in the celebration of the Most Holy Eucharistic Sacrifice must be unleavened, purely of wheat, and recently made so that there is no danger of decomposition. It follows therefore that bread made from another substance, even if it is grain, or if it is mixed with another substance different from wheat to such an extent that it would not commonly be considered wheat bread, does not constitute valid matter for confecting the Sacrifice and the Eucharistic Sacrament."

This was a simple restatement of existing rules - there was no change, no announcement of new norms, no banning of coeliacs from the reception of the Eucharist.

Usually, such "reminder" letters are issued when someone, generally a bishop, has raised a question or when Rome has been alerted to possible abuse. I have seen advertised in this country, "gluten free" hosts which were mostly made of rice! Rather than being bread they would be rice cakes! Jesus never claimed to be the "Rice of Life!"

However, the letter did state that Gluten-free hosts have always been invalid matter for the sacrifice of the Mass. A similar letter circulated to Bishops in 2003 stated that that "Hosts that are *completely* gluten-free are invalid matter for the celebration of the Eucharist."

The special hosts we offer to coeliacs are low-gluten hosts, *partially* gluten-free, that contain a sufficient amount of gluten to guarantee that the hosts are unleavened bread, without the addition of foreign materials and without the use of procedures that would alter the nature of bread. The low gluten hosts used here comply fully with Church requirements.

The Church recognizes that it mustn't exclude Catholics with celiac disease from receiving Communion and has approved the use of low gluten hosts for this reason. Anyone unable to tolerate even a small amount of gluten should receive communion from the chalice alone.

Fr John

Parish of Our Lady of the Valley

Catholic Communities of Clitheroe, Sabden & Dunsop Bridge
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Assistant Priest: Fr Kevin Murphy Pastor Emeritus Mgr John Chaloner

15th Sunday in Ordinary Time - 16th July 2017

St Michael & St John's, Clitheroe



Sunday

Mass at 9.30am
& Mass at 5pm

Monday

Eucharistic Service 9am

Tuesday

Mass at 9am
Funeral Service 11am
Ann Stanley

Wednesday & Friday

Mass at 9am

Thursday

School Mass at 9.15m

Saturday (22nd July)

Mark Paver's ordination at Salford Cathedral, there will be no services in St Michael & St John's today

St Hubert's, Dunsop Bridge

Thursday—Mass at 9.15am

Saturday Mass at 6pm

St Mary's Church, Sabden

Sunday—Mass at 11am

Wednesday—Mass at 9.15am

MASSES RECEIVED THIS WEEK Ann McCormick, Special intentions x 2, Holy Souls, Joan Ferguson, Fr Leon Morris, Bill Bramwell, Ann Stanley
SICK John Dixon, Joseph Wright, Gordon Gorrighan, Margaret Fagan, Cliff Astin, Pat Horrocks, Josephine Kelly,
LATELY DEAD Barrie Catlow, Ann Stanley, Michael Quinn
ANNIVERSARIES Ann McCormick, Joan Ferguson, Fr Leon Morris, Bill Bramwell

PARISH—CLITHEROE, DUNSOP AND SABDEN

OFFERTORY Clitheroe £568.61 Sabden £227.97 Dunsop £180.54

Clitheroe/Sabden Standing Orders £265

APOSTLESHIP OF THE SEA Clitheroe £293.76 Sabden £145.63 Dunsop £98.97

SALFORD DIOCESE—(CCRS) Catholic Certificate in Religious Studies, a two year programme commencing September 2017. See poster in porch for more information and who to contact.

MARK PAVER ORDINATION Next Saturday 22 July. Due to lack of support there will be no bus to this event at Salford Cathedral. The easiest way of attending is to catch the train from Clitheroe to Salford Central Station. The time of the ordination is 12noon to be in the Cathedral by 11.30am.

VOLUNTEERS - Are you ready to put your faith into action? A youth ministry project based in Salford run by the Spiritans are looking for volunteers between ages of 18-26 to join our team in Salford this summer. Email us for more info admin@justyouth.co.uk or visit our website <http://www.justyouth.co.uk>

PRO-LIFE WALK Any parishioners with sponsorship money for the recent walk still to hand in please place it on the collection plate in an envelope with their name on. As soon as all the money is collected in we will be able to give a final figure of money raised.

LOURDES PILGRIMAGE 28 JULY Anyone who wishes a petition to be taken and placed at the grotto, please use the marked boxes at the back of our churches in Clitheroe, Sabden and Dunsop which will be available until Sunday 23 July. Also, we are collecting for a candle to be placed at the grotto for all the people of the parish. If you would like to contribute to this, please put your donation in an envelope marked 'Lourdes Candle' and put it in the offertory basket at Mass or post it through the Clitheroe presbytery letterbox.

THE BEACON The July edition of the Beacon, the newsletter of Caritas Salford, is now available in the porch. This edition highlights what we can do in our Parish, as part of the Missionary Parish Programme to be launches on 4th October, including celebrating the World Day for the Poor, and taking action on Human Trafficking and protecting the environment.

CRAIG LODGE RETREAT—25-29 SEPTEMBER There are still some places available on the retreat entitled "Recreate me in Heart and Spirit." Mini-bus transport to and from this event is available: places are offered on a first-come-first-served basis, so please see Fr Kevin if you would like to book a place.

FAMILY LIFE & PRO-LIFE At the recent Parish Forum we were made aware of the constant attack on Family Life issues. It was decided to arrange a meeting for anyone interested to discuss how we as individuals and as a parish could help combat these very important issues. A meeting has been arranged on Tuesday 25th July at 7.30pm in the presbytery.



CLITHEROE

ROTAS NEXT WEEKEND Sun morning Welcoming—M.Swales & T.O'Donnell Reader—D. Carr Eucharistic Ministers—H.Lofthouse, B.Collinson, S.Smith Tea & Coffee—P.Byrne & family Little Church A.McNulty & F.Garner Sunday Evening—Welcoming—J.Luciani Reader A.Harkin Eucharistic Ministers—A.Harkin & P.Withers

HELP! HELP! We could still do with some volunteers for Welcoming and reading at the Sunday 5pm evening mass. Please see Fr John or Janet if you are willing to help.

TEA DANCE Wednesday 19 July in our Parish Hall 2-5pm. Dancing/Afternoon Tea still only £4. Information Daphne 01200 427912

LADIES GROUP MEETING Wednesday 26 July at 7.30pm in our Parish Hall. Speaker is parishioner Bridget Hilton who will give a talk 'My year as Mayor' (Ribble Valley Mayor 2015/16). This meeting is open to everyone including gentlemen. Next months meeting will be on Wednesday 30 August—the annual Treasure Hunt followed by supper at a local hostelry. More details later
A DATE FOR YOUR DIARY By popular request—Rosendale Male Voice Choir Friday 13 October 2017

DUNSOP

TEAS SUNDAY 23 JULY We are hosting and have the proceeds from the teas from 10am-4pm. Support is required to help serving and baking cakes for the event. If you can help please put your name on the list at the back of church. Also it would be great support also if our parishioners and family made plans to call in for lunch or refreshments. Julie Bennett 011200 448630

DUCK RACE—AUGUST BANK HOLIDAY Our annual Duck Race is approaching very soon on the river Dunsop. Please help by taking a book of tickets and selling them. Available from the back of church. Further details Julie Bennett 01200 448630

WADDOW LODGE GARDEN Open for charity Sunday 16 July 1-5pm. Adults £4 Children FREE Plant Heritage stall

SABDEN

BONUS BALL Congratulations to winning number 25 Two numbers have unexpectedly become available—if interested please see Donna Wharton.

FOODBANK DONATIONS can be left at the back of church.

SUMMER FAIR still some unclaimed raffle prizes—Yellow 501-505, White 81-85, Yellow 551-555, Pink 616-620, Pink 611-615, Pink 566-570. Please claim prize from Sacristy after Mass.