

## Dear Parishioners,

In Lent we are asked to prepare for Easter by prayer and sacrifice.

Here are a few suggestions

- ◆ Bishop John suggests we give God some silent attention each day
- ◆ Buy (£1) the 'Walk With Me' booklet which will help you pray and reflect each day of Lent.
- ◆ Join the Stations of the cross in Clitheroe at 7.30pm on Fridays and in Sabden at 7.30pm on Tuesdays.
- ◆ Spend a little time each day reading the Bible in the quiet of your home.
- ◆ Attend daily mass. (Details weekly in the newsletter)
- ◆ Come to Exposition on Saturday mornings between 11am and 12noon.
- ◆ Pay a visit to the church which is open daily during daylight hours.
- ◆ Encourage someone who has been away from Mass to return to practice and accompany them to church.
- ◆ Recite the Rosary at home or join the weekday recitation in church at 9.30am.
- ◆ Visit someone in need of help or friendship or perhaps an elderly relative you haven't visited for a while?
- ◆ Make up a longstanding quarrel.
- ◆ Help to clean the church on Monday mornings at 9.30.
- ◆ Give up a favourite treat like sweets, drink, watching too much TV or cigarettes.
- ◆ Keep 'Family Fast day' on Friday.
- ◆ Every Friday give up eating meat.
- ◆ Make a clean sweep. Go to the Sacrament of Reconciliation (Confession), available Saturdays in Clitheroe from 11 to 11.45 and during the Stations of the Cross on Fridays.
- ◆ Attend the series of ecumenical Lenten talks on Saturday mornings in the Hall at 11am. (Coffee from 10.30)
- ◆ Join a Lent discussion group based on Pope Francis' recent letter 'The Joy of the Gospel', Wednesdays at 7.30pm in the Hall on 4th, 18th and 25th March.
- ◆ Attend a Lenten Station Mass at 7.30pm at St Mary's Langho 25 Feb, St Joseph's Blackburn 4th March, St Joseph's Darwen 11 March, St Gerard's, Lostock Hall 18 March.
- ◆ Wishing you a fruitful Lent,

*Fr John*

# Parish of Our Lady of the Valley

Catholic Communities of Clitheroe & Sabden

Lowergate, Clitheroe, Lancs BB7 1AG

Tel 01200 423307 website: olov.org.uk

Email: smsj@btinternet.com Parish Priest: Mgr John Corcoran RD

Assistant Priest: Fr Frankie Mulgrew

## 6th Sunday in Ordinary Time - 15th February 2015

### St Michael & St John's, Clitheroe

#### Sunday

Mass at 9.30am followed by Coffee

#### Monday

Eucharistic Service 9am

#### Tuesday & Friday

Mass at 9am

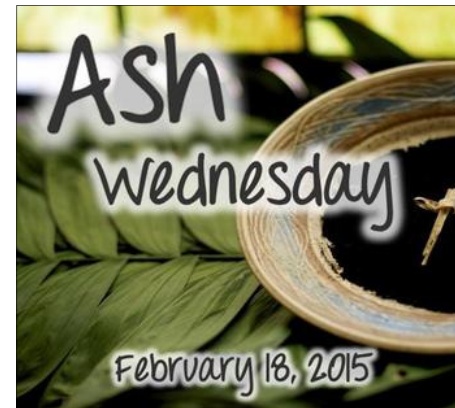
#### ASH WEDNESDAY

Mass and distribution of Ashes

Clitheroe: 9am & 7.30pm

Sabden: 11am

*Ash Wednesday is a day of Fasting and Abstinence*



#### Wednesday

Requiem Mass at 10.15am—Margaret Illingworth

#### Thursday

Mass at 9am & 7.30pm

#### Saturday (21st February)

Eucharistic Service 10.45am

Exposition 11am—11.55am

Reconciliation—11am—11.45am

First Mass of Sunday 6pm

### St Mary's, Sabden

**Sunday**—Mass at 11am

**Wednesday**—Mass and distribution of Ashes 11am

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#### MASSES RECEIVED THIS WEEK

Teresa Tomlinson, Holy Souls x 2, Tom & Sheila Duff, Jacqueline Cowell, Michael Pryle

Marie Thornber, Francis Gallagher, David McGilloway, Fr J T Cribben,

Margaret Illingworth, James Albert Hartley, George & Eileen Fletcher, Stella Mason

## SICK

Fr Peter Birmingham, Peter Wright, Joseph Bradley, Marie Haslam, Maria Middleton, Sr Mary Kelly, Francis Gallagher,

## LATELY DEAD

Fr John Cribben, Margaret Illingworth, Tom & Sheila Duff, David McGilloway, John Byrne

## ANNIVERSARIES

Jacqueline Cowell, Marie Thornber, Michael Pryle, Wilfred Clegg, James Albert Hartley, George & Eileen Fletcher, Stella Mason

**OFFERTORY** Clitheroe 816.93 Sabden £170.30 S.Orders £170.48 Many thanks

**CARITAS** Clitheroe £359.81 Sabden £132.25

**R.C.I.A.** Meetings every Thursday evening after Mass at 8pm in the presbytery.

**40 DAYS FOR LIFE** Lent is the start of the Life Spring Campaign to pray peacefully for an end to abortion. Info [www.40daysforlife.com/local-campaigns/manchester-2](http://www.40daysforlife.com/local-campaigns/manchester-2) or Michael 07810 791032

**CAFOD** The group will be running a stall at the Flea Market, Hurst Green Village Memorial Hall, Sunday February 22nd 9am—4pm. Refreshments available all day. Come and sus-out a bargain! Monday February 23rd Fairtrade Fortnight begins. It will be 20 years this spring since the first was held. The Fairtrade mark has become the biggest and best-known ethical label in the UK, recognised by 78% of the public. So don't forget to look for the logo, what's in your basket?



**RETURNING TO CATHOLIC EDUCATION** A course for those seeking employments or wishing to return will be held of Friday 6th March 9am—4pm at St Monica's Sixth Form Centre, Bury. More details on poster in porch.

**ST BAKHITA BOOK MARKS/PRAYER CARDS** We gave out all 200 bookmarks at Mass last weekend but we have ordered another batch for those of you who didn't get one. They will be in the church porch in Clitheroe at the weekend next to the Medaille magazines (please take one if you haven't already), and Anthony and Mary Brown will give them out in Sabden on Sunday.

**REIGNITE—ON THE MOVE!** For all young adults in the Diocese (16-35 yrs) the popular 'Reignite' project that takes place every month at Salford Cathedral seeking to help—engage, enthuse and enliven you faith—is coming to St Joseph's R.C.Church, Audley Range, Blackburn BB1 1JP for a retreat day on Saturday 21st February 10.30am—4pm. The day will include Mass, great talks, Reconciliation, Adoration, small groups etc—led by leading catholic youth workers, plus input from you own peer group. Please join us for this special opportunity of reflection, fun, time out and inspiration. Register and more info please go to [reignite@dioceseofsalford.org.uk](mailto:reignite@dioceseofsalford.org.uk). Under 18's please apply for a consent form. Thankyou

## PARISH PILGRIMAGE TO LOURDES

We are organising a Parish Pilgrimage to join the Diocese on their annual trip to Lourdes from 31 July—6 August 2015. If anything like previous years, this pilgrimage promises to be a very special, prayerful and fun-packed experience. We will travel by air from either Manchester or Liverpool and stay at a lovely hotel with full board. The cost is £659. If you would like to go or if you are interested in finding out more then please put your name down on the list at the back of church or see Fr Frankie BEFORE the deadline—February 28th!



**CCP LOVE CLITHEROE** Information evening—Join Christians from all the churches on Tuesday 24th February 7.30pm in St Mary Magdalene's.

**SINGLES** Single, separated, widowed or divorced? See yellow poster

**FLAME 2**—Catholic Youth Festival at Wembley Arena March 7th. More details later.

Feb 21/22	Saturday	Sunday
Welcomers	M.Valovin	B.Parkinson & M.Maffia
Readers	C.Carr	G.Lambert
Eucharistic Ministers	F.Ellis & R Embery	C.leeming, G.Lambert, A.Marsden
		Fellows family

## CLITHEROE

**SOCIAL CENTRE** Memberships are now due—see list in porch for more details. This year, in an effort to circulate more information to members a database of members is being set up so that we can let you know what is going on—special occasions, promotions etc. This means when you pay your membership you will be asked for your email address. These emails will be secure and not passed on to any third party.

**STATIONS OF THE CROSS** The Knights of St Columba will lead the Stations of the Cross next Friday 20th March at 7.30pm.

**JOYFUL NOISE** tomorrow evening 7.30pm Chatburn Methodist Chapel.

**LENT TALKS** commencing Saturday 28 March in our Parish Hall for 5 successive Saturday mornings. This year's theme 'Journeys of Faith' More details next week

**LISTENING EAR** is an ecumenical initiative set up to provide a place where people of all backgrounds can come for a coffee and chat. It was launched recently for Foodbank customers, and others, to have an opportunity for more on-going contact. Listening Ear is run by volunteers from local churches and is open Friday mornings during school term time from 10am and 11.30am at The King's Centre, Millthorne Avenue. Info Mark Woodward 01200 444148 or [info@clitheroecommunitychurch.co.uk](mailto:info@clitheroecommunitychurch.co.uk)

**A DATE FOR YOUR DIARY** Women's World Day of Prayer this year on Friday 6th March 7.30pm at The United Reformed Church

**LADIES GROUP** would like to thank parishioners for supporting our last event—The 50+ Group. We are pleased to present £620 to Help for Heroes.

**A NOTE FOR YOUR DIARY** Coffee Morning 25th April and Rossendale Male Voice Choir Friday 13th November. More details nearer the time.

**TEA DANCE** Wednesday 18 February in the Parish Function Suite 2pm—5pm. Dancing/Afternoon Tea/Good company. Admission £3.50. More information from Daphne tel: 01200 427912

**APF MISSION (Red Boxes)** Mission box donations to church by TODAY Sunday 15th February. Many thanks

## SABDEN

**BONUS BALL** this weeks winner no 22 Jane Donborand

**CRB CHECKS** These are now up for review. If you have had a parish CRB check in the past please see Susan White for update, and/or new form to fill in. Ann Harkin should be coming NEXT Sunday 22nd February, so if forms can be returned then along with 3 evidences of ID (we can photocopy them then) Thankyou.

**STATIONS OF THE CROSS** Tuesday's 7.30pm throughout Lent. Please join us

**HALL COMMITTEE MEETING** The minutes of the last meeting are on the notice board in the porch. The next meeting of the Hall Social Committee will be on Monday 23rd February at 7.30pm in the Hall.