

Dear Parishioners,

Lent is a time to look at how we live and change our lives for the better.

To help do this, I offer the following suggestions.

- ✠ Join the Lent course on Thursdays. With film we'll look at how ordinary people in the past lived out their faith, became saints in the process and whether their lives have meaning for us today. Leaflets at back of church
- ✠ Buy (£1) the 'Walk with Me' booklet and read the daily Lenten meditation. Children's editions also available
- ✠ Join the Friday Stations of the Cross in church at 7.30pm. Sacrament of Reconciliation (Confession) will be available during Stations.
- ✠ Spend a little time each day reading the Bible in the quiet of your home.
- ✠ Attend daily Mass. (Details weekly in the newsletter)
- ✠ Give some time to prayer during Exposition on Saturday mornings between 11 and 12 noon.
- ✠ Pay a visit for private prayer to church which is open the day.
- ✠ Encourage someone who has been away from Mass and accompany them to church.
- ✠ Recite the Rosary at home or join the weekday recitation in church at 9.30am.
- ✠ Visit a friend or neighbour who is sick or lonely.
- ✠ Look around you and see if there is someone in need of help or friendship or maybe an elderly relative you haven't visited for a while.
- ✠ Make up a longstanding quarrel.
- ✠ Help to clean the church on Monday mornings at 9.30.
- ✠ Give up a favourite treat like sweets, drink, watching too much TV or cigarettes.
- ✠ Keep 'Family Fast day' a week on Friday 2nd March
- ✠ Every Friday give up eating meat for your spiritual good and that of the planet!
- ✠ Make a clean sweep. How long is it since you made use of the Sacrament of Reconciliation (Confession)? There will be a Reconciliation service on 27<sup>th</sup> March at 7.30pm in Clitheroe and on 28<sup>th</sup> March in Sabden.
- ✠ Attend the series of Lenten talks on Saturday mornings in the Hall at 11am entitled, "Stepping out in Faith" with five contrasting speakers sharing their personal experience of going beyond their comfort zone, hand in hand with God. Followed by a Lenten Lunch.

Whatever you choose to do, please do something!

Fr John

# Parish of Our Lady of the Valley

Catholic Communities of Clitheroe & Sabden

Lowergate, Clitheroe, Lancs BB7 1AG

Tel 01200 423307 website: olotv.org.uk

Email: smsj@btinternet.com Parish Priest: Mgr John Corcoran RD

**Seventh Sunday in Ordinary time (B)  
19th February 2012**

*St Michael & St John's Church, Clitheroe*

**Sunday**

Mass at 9.30am followed by Coffee

**Monday & Friday**

Eucharistic Service at 9am

**Tuesday & Thursday**

Mass at 9am

**ASH WEDNESDAY**

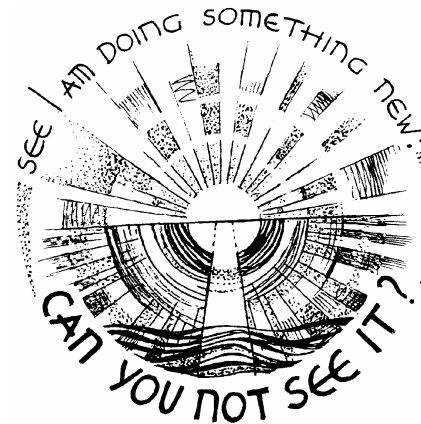
Mass and distribution of Ashes

9.15am Clitheroe

11am Sabden

7.30pm Clitheroe

Ash Wednesday is a day of  
fasting and abstinence



**Saturday (25th February)**

11am - 12 noon Exposition

12 noon Eucharistic Service

11am - 11.45am Reconciliation

6pm - First Mass of Sunday

*St Mary's Church Sabden*

**Sunday - Mass at 11am Friday - Mass at 9.15am**

**MASSES RECEIVED THIS WEEK**

Jacqueling Cowell, Tracy Poirier, Special intention, May Josephine Reid,  
Dinah Hackett, Jean Clayton

**SICK**

Sally Hickling

**LATELY DEAD**

Jean Clayton

**ANNIVERSARIES**

Jacqueline Cowell, Tracy Poirier, May Josephine Reid, Dinah Hackett

**OFFERTORY** Clitheroe £794.02 Sabden £175.90 Many thanks

**Please note: the Social Centre is now open 7 days a week from 7pm and Sunday lunchtime from 12noon - 3pm**

**SUNDAY EVENING** In addition to the usual Quiz on a Sunday evening is 'Play your Cards Right'. Please come along - Everyone welcome

**SOCIAL CENTRE MEMBERSHIP RENEWAL** Memberships can be renewed from 8.30pm every Monday or Friday evening

**BALLROOM/LATIN AMERICAN DANCES** in our Parish Hall on the following dates - 25 February and 28 April from 8pm - 11pm Price £5 Everyone welcome. Also on Saturday 24th March there will be a Samaritans fundraiser £10 including Supper. Tickets from Vicky 442987 or Linda 01254 665552 or pay on door.

**LENT LUNCHES** In our Parish Hall every Saturday during Lent. Theme this year is 'Stepping out in Faith'. At the first of these Lunches NEXT Saturday 25th February the speaker will be Norman Ivison who will speak on "Fresh Expressions of Church". Lunch of assorted bread and cheeses with Tea or Coffee is £2 Everyone Welcome

**OUR DAY OUT** a play by Willie Russell. Anyone who would like to take part in any way please come along to the second reading through TODAY at 2pm Sunday 19th February in St Mary's Hall (Sabden). Good session last week but still plenty of time to get involved. The play has a cast of mainly young people but adult input will also be required. We are looking for young people from 11+ if you are interested, but unable to attend please let us know - contact 01282 433455. Dates still to be decided.

**WALK WITH ME** booklets for Lent 2012 now on sale at back of church £1.

**PLEASE NOTE CHEQUES SHOULD NOW BE MADE PAYABLE TO OUR LADY OF THE VALLEY PARISH A/C**

**CAFOD FLEA MARKET** this Sunday Feb 19th, in Hurst Green Village Memorial Hall 9am - 4pm. Refreshments available. The parish CAFOD supporters will be running a stall to raise funds to go towards building a dam in Biera village in Ethiopia. Come along to find a bargain or two and support this partnership at the same time.

**HOME PASCAL CANDLES** - traditional Pascal candle for use within your home. Candle & Stand £11 per set. To order sign the order form at the back of church

**CATHOLIC SINGLES** is an organisation which helps single adult Catholics of all ages meet, either one to one or through social events. Please tel 0161 941 3498 or visit the website [www.catholicsingles.org.uk](http://www.catholicsingles.org.uk) email [info@catholicsingles.org.uk](mailto:info@catholicsingles.org.uk)

**CARITAS** join our team at the Great Manchester 10k run - Sunday 20 May to get involved fundraising@caritassalford.org.uk or [www.caritassalford.org.uk/donate](http://www.caritassalford.org.uk/donate) or ring Mary 0161 817 2252

**FOSTERING FOR CARITAS** As the days grow longer, we see parents and carers spending time in the park with their children, having picnics, exploring and generally enjoying the time together. Have you ever thought about fostering a child and bringing the sunshine into their life? Caritas is recruiting carers and would be delighted to meet with you. Please telephone them 0161 817 2250 or visit their website [www.caritassalford.org.uk/fostering](http://www.caritassalford.org.uk/fostering) for more information

**WORTH WATCHING** Catholics this Thursday BBC4 at 9pm. Chipping First Communicants feature next week!

**A DATE FOR YOUR DIARY** K.S.C. Jumble Sale Saturday 27th April

## CLITHEROE

NEXT WEEKEND ROTA	Saturday	Sunday
Welcomers	M.Roberts	C.Riley & M.Marsden
Readers	C.McGuire	P.Sutcliffe
Eucharistic Ministers	L.Perrin & H.Mercer	A.Marsden, C.Leeming, J.Leeming
Tea & Coffee Rota		P.Byrne & Family

**CHILDREN OF CHERNOBYL** featuring Blackburn People's Choir at The Grand, Clitheroe Friday 2nd March 7.30pm. Tickets adults £10, under 18's £5. All proceeds to support this year's group of children coming to Clitheroe from Belarus

**LADIES GROUP** Wednesday 29th February 'What's in a Name'. This history and meaning of surnames - speaker Pat Morris. Cost £1.50 inc refreshments. Everyone Welcome

**WOMEN'S WORLD DAY OF PRAYER** at St Paul's, Low Moor on Friday 2 March at 7.30pm. 'Let Justice Prevail' written by the Christian Women of Malaysia. Speaker Rev'd Anne Hardacre

## **HALLS FOR HIRE**

**For Birthday's, Celebrations, Anniversaries Funeral Receptions etc contact**

**ST MICHAEL & JOHN'S**  
Kevin Shepherd  
01200 428915

**ST MARY'S SABDEN**  
Suzanne Brown  
01282 771517

## **SABDEN**

**BONUS BALL (SABDEN)** The bonus ball this week is no 6 Joan Thompson.

**RED MISSION BOXES** It's time to empty these again. Please bring your 'full' one in and swap it for an empty one which you will find on the windowsill at the back of church. There are some spare boxes available - perhaps you could take one if you don't already have one - it's a very worthwhile cause doing good work all over the world. Further information from Jane Davies

**WILD FLOWER GARDEN** The daffodils appearing in the garden. As spring approaches we will be re-seeding, this time with perennials which may not be a showy, but will return year on year and will only need topping up. There's a box at the back if anyone would like to donate towards the purchase of seeds. We'll be back out in the garden when the better weather is here - look out for dates for working parties. Don't get rid of those unwanted gifts - we are having a stall and a raffle during Coffee on Sunday 18th March. Proceed towards the flower garden. Bring anything you may have for selling with a price clearly marked.

**LENT STATIONS** on Tuesdays during Lent at 7.30pm. This will start off Saturday 25th February 7pm with a bonfire and potato pie supper. £5 for supper

**ST MARY'S PRIMARY SCHOOL** collect batteries and Nestle cereal tokens. Please hand in at school or in the container in porch

**DATES FOR YOUR DIARY** Unity Service Good Friday 6th April at 11am at the Cross (end of St Nicholas Ave) and Saturday 12th May in St Mary's Hall - Coffee Morning 10am - 12 noon. Proceeds to Christian Aid